

# LOMBARDIA

## Run The Top



**OROBIE TRAIL**  
Guide and GPS



Regione Lombardia

**LENGTH:** 22 km

**ELEVATION RANGE:** 1,700 m elevation gain

**TECHNICALITY:** The trail rises in height over 2,000 m. The mountain tracks are very well marked but concentration is required. The routes are not exposed nor dangerous.

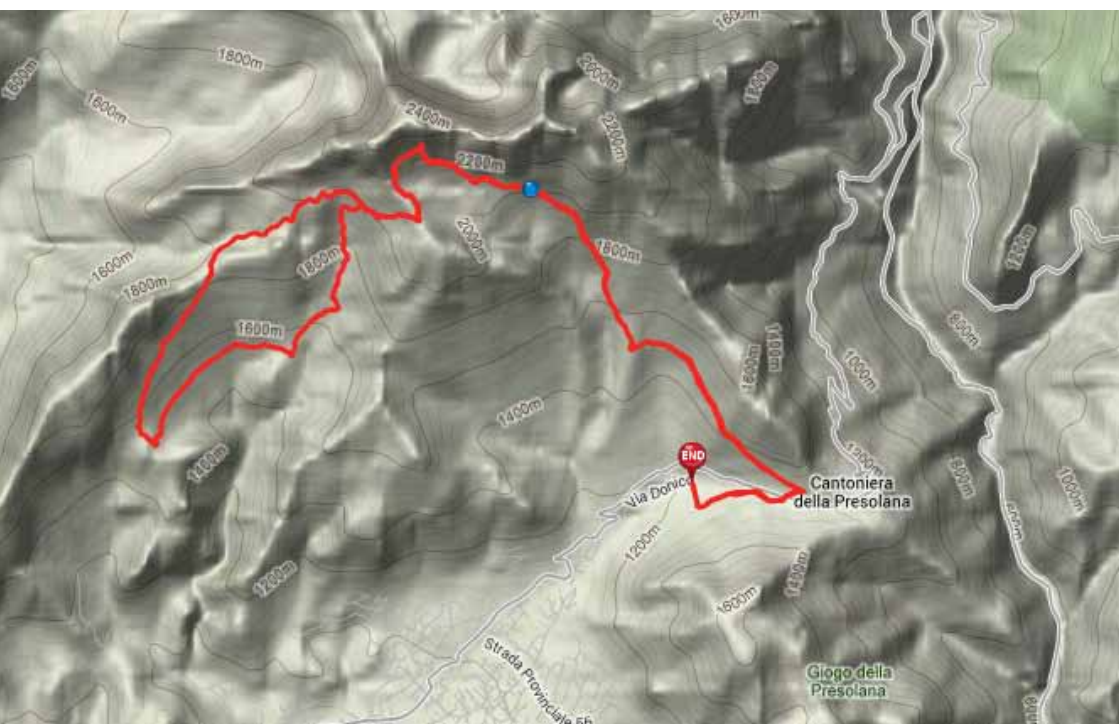
**ALPINE HUT ALONG THE TRAIL:**

Rifugio Olmo: phone +39 0346/61380

**USEFUL INFORMATION:** [www.rifugi.lombardia.it](http://www.rifugi.lombardia.it)

**BEST TIME OF THE YEAR:** From April to October

**MINIMUM EQUIPMENT REQUIRED:** GPS, water and food for the first 2 hours at least, windbreaker.



# OROBIE TRAIL

Ambassador Mario Poletti



The peak Pizzo Presolana, 2,521 m, is very well known by Lombard mountaineers, because of its mountain walls with very difficult climbing paths, especially on the Northern side dominating the village of Colere. A calcareous massif between Val di Scalve and Val Seriana is easily reachable from both sides and it is surrounded by many trails and alpine huts. Therefore, it is very popular among runners and trailers who live in the province of Bergamo since this area offers a great variety of itineraries. Mario Poletti, a sky runner whose sport history is strictly connected to Orobic mountains, has tracked down a 22 km long trail in the Southern side of the massif, with 1,700 m elev. gain.







### TRAIL DESCRIBED BY MARIO POLETTI

The village of Donico - just below Passo Presolana at a height of 1,220 m - is both the starting point and the finishing line of this trail. From here we go up at first along a ski slope, we reach the Pass and then we proceed along a well-kept trail that goes up to the pine forest in the direction of Baita

Cassinelli. After coming out from the wood, we proceed along a meadow and then on screes along track 315 that after its final zig-zag rising ends up under the Southern side. We cross the slope and reach the cave Grotta dei Pagani (2,224 m) where we can find fresh watersource. From here we go downhill along the slope to Passo Pozzera with an elevation loss of almost 100 m up. Then we go further down on initially steep screes, reaching Rifugio Olmo (1,819 m), the mountain shelter that can provide food, beverages and assistance along this trail. The track proceeds in the direction of the narrow Passo Olone and then to Malga Campo (1,528 m) after a beautiful steep downhill run. Now we can rest our legs on a long stretch of apparently flat ground leading to Malga Presolana. Here we turn left and take the uphill, first on a meadow and then on a scree, up again in the direction of Passo di Pozzera. From here we run the same path back downhill to Baita Cassinelli again, and then in the direction of Passo Presolana. On the same track, every year at the beginning of August, the Orobie Skyraid takes place, one of the most classic and famous Italian mountain running races.



### **MARIO POLETTI**

Mario Poletti is probably one of the most famous personalities in the sport of mountain running. He has got an impressive sport curriculum that includes 14 victories between 1999 and 2007, in some of the most important sky running races. He is also the record holder of the running time record of the Orobie trail: 84 km in 8h52'. Mario is also the promoter of the Orobie Skyraid, of the Formico trail and of the Orobie Vertical.

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# LOMBARDIA RUN THE TOP

- Grigne Trail
- Orobie Trail
- Valtellina - The Wine Trail
- Cadorna Line - The Path of Monti Lariani
- Adamello Trail - On the Footprints of the Great War
- Trincee Trail

## WHERE

[www.regione.lombardia.it](http://www.regione.lombardia.it)

[www.rifugi.lombardia.it](http://www.rifugi.lombardia.it)

[www.distanceplus.com](http://www.distanceplus.com)

